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STAMP OUT HUNGER! SATURDAY, MAY 10TH **Local Letter Carriers Will Deliver Non-Perishable Donations to Second Harvest Food Bank Network**

Local members of the National Association of Letter Carriers (NALC) will *Stamp Out Hunger* on Saturday, May 10, 2014, by collecting non-perishable food donations from their regular postal routes and delivering them to Second Harvest Food Bank of Lehigh Valley and Northeast Pennsylvania and its network of member agencies for distribution to area families in need in six counties. Letter Carriers will be aided by volunteers from Teamsters Local #773, the Rutgers Alumni Club of the Lehigh Valley, Keenan House, and the Northampton County Probation Department for this one day food drive event, the largest in the nation.

To participate in *Stamp Out Hunger*, postal customers should their leave factory-sealed, non-perishable food items in a visible place by their mailboxes before their regular delivery on Saturday, May 10th. Donations should be in a sturdy, clearly-marked bag so Letter Carriers know to collect it. Truck drivers from the Postal Service and Teamsters Local #773 will then make a special delivery of the donations to Second Harvest Food Bank or one of its local member agencies, where it will be inspected and sorted for distribution to where it is so desperately needed.

Second Harvest is currently in need of non-perishable items including cereal, peanut butter, pasta, rice, tuna, and canned soup, fruits, or vegetables. Non-food items such as diapers and personal care items like shampoo, toothpaste, and deodorant can also be donated. For the safety of the Letter Carriers and volunteers, please do not donate items in glass containers.



Postal customers should receive a post card or specially marked paper bag announcing their area's participation. If residents are unsure whether or not their Letter Carrier is participating, they should contact their local Post Office.

Last year, Letter Carriers delivered more than 330,000 pounds of food to Second Harvest and its member agencies. It is expected that this year's food drive will put the total collection to more than two million pounds donated those in need in the Lehigh Valley. Donations provide a critical boost for Second Harvest in the summer months, a time when supplies are low and school breakfast and lunch programs are not available for area youth. “[UPDATE QUOTE]It's hard to believe that this national effort has been in effect for more 21 years! We are grateful to the National Association of Letter Carriers and all their partners for their hard work on behalf of hungry people. We also appreciate contributions made by postal customers across the country and right here in our region. Without this collaboration, many people would go without,” says Second Harvest Director, Ann McManus.

About Second Harvest

Second Harvest Food Bank distributes food and grocery product to nearly 72,000 people each month through a six-county network of more than 200 member agencies including emergency pantries, soup kitchens, shelters, and child care, rehabilitation and senior citizen centers. The Food Bank also serves as an advocate for food assistance programs for people with low income and as a source of education and training for people working to improve food availability and nutrition to those in need. Second Harvest Food Bank is a program of the Community Action Committee of the Lehigh Valley (CACLV) and a member of Feeding America, the nation's food bank network and largest hunger relief organization.

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