



**Cooking Matters  
2015 Volunteer Application**

**Thank you for your interest in volunteering with Cooking Matters.** Please fill out the application below and we will send you more information about Cooking Matters and the various volunteer opportunities available. Once completed, submit this application to Carrie Spero at [cspero@caclv.org](mailto:cspero@caclv.org).

**Personal Information**

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Date of Application: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Home Address: \_\_\_\_\_ Work Phone: \_\_\_\_\_

\_\_\_\_\_

Email Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Generally preferred to be contacted via (check one): EMAIL    CELL    HOME    WORK

How did you hear about Cooking Matters? \_\_\_\_\_

\_\_\_\_\_

Area(s) of special interest: \_\_\_\_\_

Briefly describe any applicable professional training and/or experience:

\_\_\_\_\_

\_\_\_\_\_

Briefly describe any previous volunteer work:

\_\_\_\_\_

\_\_\_\_\_

Explain why you want to volunteer with Cooking Matters:

\_\_\_\_\_

\_\_\_\_\_

List foreign languages that you speak fluently, if any: \_\_\_\_\_

**Preferences**

Check type of position applying for:    Teaching Role (*circle*):    Chef    Nutritionist

Class Manager

Class Shopper

Other: \_\_\_\_\_

Cooking Matters offers a variety of curricula, each addressing the nutritional needs of a different group.

**Choose below which group you prefer to work with (you may choose more than one):**

- Children (3<sup>rd</sup>- 5<sup>th</sup> grade)    
  Teens    
  Adults    
  Parents    
  Children & their guardian together

**Availability**

Please indicate the times you are available to volunteer for Cooking Matters courses:

Tuesday	Wednesday	Thursday
<input type="checkbox"/> 9am-12noon	<input type="checkbox"/> 9am-12noon	<input type="checkbox"/> 9am-12noon
<input type="checkbox"/> 12noon-3pm	<input type="checkbox"/> 12noon-3pm	<input type="checkbox"/> 12noon-3pm
<input type="checkbox"/> 2:30pm-5:30pm	<input type="checkbox"/> 2:30pm-5:30pm	<input type="checkbox"/> 2:30pm-5:30pm
<input type="checkbox"/> 5pm-8pm	<input type="checkbox"/> 5pm-8pm	<input type="checkbox"/> 5pm-8pm

Remember that the volunteer commitment for a Cooking Matters course is 3 hours per week.

Notes on Availability- if the above availability is only for summer months or there are other specifications, please indicate them here:

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**Please be advised that certain sites require a background check on all personnel. Cooking Matters will notify you at the time that you are asked to volunteer at a particular site if that site requires a background check.**

Have you ever been arrested or convicted of a crime?      No      Yes

If yes, please explain below (an affirmative response will not automatically disqualify you from being considered):

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**Two Personal References**

1) Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_ Phone Numbers: \_\_\_\_\_

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2) Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_ Phone Numbers: \_\_\_\_\_

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**I certify that all statements made in this application are true, complete, and correct to the best of my knowledge and understand that any falsification or misrepresentation of facts will result in disqualification or dismissal.**

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

Thank you for taking the time to be part of Cooking Matters at Second Harvest Food Bank. If you have any questions regarding the application or the Cooking Matters program, please contact Carrie Spero at 610-434-0875 x3313 and cspero@caclv.org.

