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STAMP OUT HUNGER! ON SATURDAY, MAY 14TH

LETTER CARRIERS TO DELIVER DONATIONS TO LOCAL FOOD BANK

Local members of the National Association of Letter Carriers (NALC) will *Stamp Out Hunger!* on Saturday, May 14, 2011, by collecting non-perishable food donations from their regular postal routes and delivering them to Second Harvest Food Bank of Lehigh Valley and Northeast Pennsylvania for distribution to agencies serving families in need. Letter Carriers will be aided by volunteers from Teamsters Local #773 for this largest single-day food drive in the nation, now in its 19th year.

To participate in the drive, leave factory-sealed, non-perishable food items in a visible place by your mailbox before your regular delivery on Saturday, May 14th. Be sure to put everything in a sturdy bag that is clearly marked so your Letter Carrier knows to collect it. Truck drivers from the Postal Service and Teamsters Local #773 will then make a special delivery of your generosity to Second Harvest Food Bank, where it will be inspected and sorted for distribution to where it is so desperately needed in our neighborhoods.

The items most needed by the Food Bank and its network of member agencies include cereal, peanut butter, pasta, rice, tuna, and canned soup, fruits, or vegetables. You can also donate non-food items such as diapers and personal care items like shampoo, toothpaste, and deodorant. For safety reasons, non-glass containers are preferred.



In the weeks before the food drive, you should receive a post card announcing your area's participation. Some Letter Carriers will also be delivering specially marked paper bags in which to put your donations. If you're unsure whether or not your Letter Carrier is participating, contact your local Post Office.

“We are grateful for our partnership with the Letter Carriers and the volunteers who work so hard for the success of this food drive. Without them, summer would be a much hungrier time,” says Second Harvest Director, Ann McManus. In its 18-year history, *Stamp Out Hunger!* participants have donated over one billion pounds of food to those in need across the nation. Locally, Letter Carriers delivered more than 140,000 pounds of food to Second Harvest and its member agencies last year. *Stamp Out Hunger!* donations provide a critical boost for the Food Bank in the summer months, a time when supplies are low and school lunch programs are not available for area youth.

About Second Harvest

Second Harvest Food Bank distributes food and grocery product to more than 66,000 people each month through a six-county network of more than 200 member agencies including emergency pantries, soup kitchens, shelters, and child care, rehabilitation and senior citizen centers. The Food Bank also serves as an advocate for food assistance programs for people with low income and as a source of education and training for people working to improve food availability and nutrition to those in need. Second Harvest Food Bank is a program of the Community Action Committee of the Lehigh Valley and a member of Feeding America, (formerly named America's Second Harvest), the nation's largest hunger relief organization.

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