



National Call-In Day – June 18, 2013

This week, the House of Representatives will begin debating the Farm Bill. The House proposal would cut SNAP by \$20.5 billion over the next 10 years. That's a loss of 8 billion meals, or the meal equivalent of the entire Feeding America network of food banks shutting down for 2.5 years. We cannot let this happen.

Help us send a message to Congress by joining Feeding America's National Call-in Day and spreading the word. This is a critical opportunity to demonstrate strong support for TEFAP and SNAP and protect programs that help put food on the table for Americans struggling with hunger.

Calling Congress is easy. Here's how:

- Call Feeding America's toll-free hotline at 866-527-1087
- Listen to the pre-recorded message and enter your zip code when prompted. Once you are connected to your Representative, state that you are a constituent and give your name and the town you are calling from. Be sure to give the name of the food bank (Second Harvest Food Bank of Lehigh Valley & NEPA) or local agency you are affiliated with.
- Let them know you are calling about the Farm Bill and deliver this important message:

As your constituent, I am asking you to vote against the House Farm Bill due to the cuts to SNAP. With so many families still struggling to put food on the table, it is important to protect and strengthen programs like SNAP and TEFAP. I understand the need to reduce the deficit, but increasing hunger is not the way to do it.

- Spread the word by sharing with your local networks and on social media.